



ST. MARY'S & ST. PATRICK'S NEWSLETTER



August 8 & 15, 2021 • Edition 41 • Weeks 73 & 74

Keeping us connected during the Coronavirus Pandemic

Fr. Scott's Sharing Spot

Dear Parish Family...

You may have not yet had the chance to listen to the interview I did on the *Profiles of Endurance* podcast with Bashir Chedrawee, the co-owner of *Simone's Kitchen*, one of our fantastic local restaurants. In our conversation, he described how, in his youth, he had misunderstood the call that God had given him to be a healer. He had originally thought that the call was leading him to enter the field of medicine and become a doctor. But over time, God revealed that he was instead called to use the skills his parents had taught him as immigrant entrepreneurs from Lebanon to heal people through nutrition. His restaurant in Hope Plaza in West Coxsackie combines ancient recipes from his homeland with some variations to reflect today's tastes and modern scientific nutritional knowledge. What results is some of the tastiest, freshest food available, which also incorporates all the best aspects of the world-renowned Mediterranean diet. As more and more of us eat this food on a regular basis instead of the fried, processed foods we have traditionally turned to as mainstays, our energy gradually improves, as does our overall health and well-being.

Everyone benefits from a healthy diet that incorporates lots of fresh vegetables, good grains, healthy fats and limits sugar. But as hard as that is for all of us to manage in the busyness of our American lifestyles, and with all the unhealthy convenience foods that are always beckoning us, it is even that much more challenging for the poor and disadvantaged.

Diane Hoffman, director of the food pantry at St. Patrick's, reports that many of her clients have major health concerns and are completely unaware of how their nutritional choices can help them. Often she'll receive donations of fresh local vegetables that her clients decline when offered because they don't know how to cook with them.

As a result, Catholic Charities of the Diocese of Albany has once again responded to the real needs of our community with a clever initiative that works. They have opened three of what they call "**Food Farmacies**" in our area that are designed to target this need with food that incorporates the freshness of a farm with the healing normally accomplished by medications.

When clients make an appointment to come to a Food Farmacy, they are greeted by specially-trained staff who offer nutritional counseling along with the food they receive. The staff inquire about what health concerns they are facing, such as diabetes or hypertension, and then offer them advice about how to manage those concerns through their food choices and offer

practical, “you-can-do-this-for-dinner-tonight” tips that over time can help them make informed health-conscious and budget-friendly decisions long term.

A new location in Amsterdam has been added to the already-established program in Albany and in Schenectady (at Ellis Hospital). Mary Carpenter, the Catholic Charities official overseeing the new location, said, “We’ve seen it work. Just recently, a gentleman was referred to our Food Farmacy program. He worked with our staff and is now leading a healthier life. This approach works for people.”

When you are ever asked to make a donation or to offer support to Catholic Charities, you can feel 100% confident that your contribution is making a real difference in the lives of people in our community. No one is more responsive than Catholic Charities to the real and changing needs of people in our area. As an adopted child, I owe my name, my family and my life today to Catholic Charities, since I was adopted through their Community Maternity Services office.

Since needs are different in the country or in the mountains than they are in the city or the suburbs, Catholic Charities maintains regional offices that target the needs nearby each parish community. The Catskill and Hudson offices serve the St. Mary’s parish area. And the Tri-County offices of the Capital District serve St. Patrick’s and environs. But, honestly, because their slogan is “No Wrong Door,” you can call any Catholic Charities office and be directed to the help you need. To peruse some of the solutions Catholic Charities provides to the challenges our communities face, [click here](#).

God bless Catholic Charities and all those who sacrifice to make the Church’s life saving work possible.

A grateful Catholic Charities baby ...

Fr. Scott ☺

Parish Happenings – All Are Welcome

SUNDAY 8/8	9:30 = Public Mass at St. Patrick’s (also St. Patrick’s YouTube channel or Mid-Hudson 901)
MONDAY 8/9	By Noon = New Prayer Service for small groups posted on parish Homepages
TUESDAY 8/10	2:00 = Rosary, St. Patrick’s 5:30 = Confession (St. Patrick’s) 6:30 = Rosary, St. Mary’s
WEDNESDAY 8/11	

THURSDAY 8/12	1:00-2:00 = St. Patrick's Adult Prayer Meeting – Classroom 5
FRIDAY 8/13	8:00 = Morning Prayer (St. Mary's)
SATURDAY 8/14	4:30 = Public Mass at St. Mary's (also St. Mary's YouTube channel)
SUNDAY 8/15	9:30 = Public Mass at St. Patrick's (also St. Patrick's YouTube channel or Mid-Hudson 901)
MONDAY 8/16	By Noon = New Prayer Service for small groups posted on parish Homepages
TUESDAY 8/17	2:00 = Rosary (St. Patrick's Church) 5:30 = Confession (St. Mary's) 6:30 = Rosary, St. Mary's (All are welcome!)
WEDNESDAY 8/18	
THURSDAY 8/19	1:00-2:00 = St. Patrick's Adult Prayer Meeting – Classroom 5
FRIDAY 8/20	8:00 = Morning Prayer (St. Mary's)
SATURDAY 8/21	4:30 = Public Mass at St. Mary's (also St. Mary's YouTube channel)
SUNDAY 8/22	9:30 = Public Mass at St. Patrick's (All are welcome!) (also St. Patrick's YouTube channel or Mid-Hudson 901)

Opportunities For You – To Serve/Pray/Grow

HOSPITALITY AFTER 9:30 MASS – COFFEE, BREAKFAST TREATS & GREAT PEOPLE!

The Knights of Columbus in Ravenna will be resuming HOSPITALITY starting after Mass **this Sunday, Aug. 8.** Hospitality will be held thereafter on the FIRST SUNDAY AFTER THE FIRST MONDAY of the month.

CELEBRATE WITH FR. JOE & FR. SCOTT AT RED'S RESTAURANT – **SUNDAY SEPTEMBER 12; 1 - 4 PM**

Stop in to welcome Fr. Joe and congratulate him on his 30 years as a priest, and bid farewell to Fr. Scott who is leaving after 6 years as our pastor. And enjoy some great Red's food while you're there!

MASS MINISTRIES NEED VOLUNTEERS: 4:30 / 7:30 / 9:30 / 11:30

As Fr. Scott has noted, we will be returning to the pre-COVID four Mass weekend schedule the weekend of September 11/12. We are also phasing in the return of practices such as parishioners bringing up the offertory gifts of bread & wine and taking up the collection with long-handled baskets. In order to fully implement these and other practices we need volunteers and we are happy to train and support you.

If you are interested in being a lector, communion minister, altar server or greeter, please call either parish office to express your interest. Thank you!

COFFEE HOUR AFTER MASSES AT ST. MARY'S

Coffee Hour has been a vibrant post Mass fellowship time for over 30 years. We would like to resume this great community builder in September. Before COVID, we had 5 Coffee Hour Teams. A team consists of a **set-up coordinator** and **2 serving volunteers** to serve after each Mass (5 total). The two serving the 11:30 Mass also clean-up (which is minimal).

In order to resume, we need an overall coordinator, 3 volunteers to be the set-up person for 3 different teams and 16 team volunteers to serve as servers after Mass. We won't resume Coffee Hour until all 5 teams are intact.

We thank Patty McCarroll for coordinating the Coffee Hour for more than 3 decades! Patty has done a tremendous service to our church community. She will remain as a set-up person for one of the teams. If you feel called join Patty and others to serve our church in this ministry, please contact Bob at 518-731-9268 or stmaryffo@aol.com.

DIOCESAN MARRIAGE JUBILEE

The 49th Annual Diocesan Marriage Jubilee Celebration will be held **Saturday, October 30th, 2021 at 2:00 PM** at The Cathedral of the Immaculate Conception in Albany. Couples celebrating their 25th, 40th, 50th or other special wedding anniversaries are invited to attend this celebration. Bishop Ed will celebrate the Mass and greet couples after Mass.

Please register through the parish office or by email to Marriage.Jubilee@rcda.org.

MONTHLY CATHOLIC CHARISMATIC MASS – 2nd WEDNESDAY OF EACH MONTH

All are welcome on **Wednesday, August 14** at 7:00 PM for prayer & praise followed by a 7:30 liturgy at **Christ Our Light Church** (1 Maria Drive, Loudonville, NY 12211). AlbanyCCR.org

GREENE WALKS 2021 – REGISTRATION IS NOW OPEN [CLICK HERE.](#)

Greene Walks is an 8-week walking program sponsored by the Greene County Rural Health Network through which participants can increase both their physical and emotional strength, gain new healthy habits and enhance their overall wellness. All participants will receive weekly support emails, be entered into weekly drawings for cash prizes and grand prizes upon completion. The contest runs Sept. 6 – Oct. 31. Registration closes Sept 9th.

Food Pantry at St. Patrick's**Diane Hoffman | 518-330-6789**

Thank you to all that support the Food Pantry with your food and monetary donations!
We are in need of the following non-perishable food items:

**Lunch Box Snacks, Snack Crackers, Shampoo, Deodorant,
Canned Pasta (Spaghetti O's) and Bathroom Supplies**

Food Pantry is Open **Tuesdays & Fridays 10–11 AM** and **Wednesdays 6–7 PM**.

Thrift Shop at St. Patrick's**Marianne McCool | 518-756-9184**

Come visit **Thursdays from 1:00 – 3:00 PM** or **Saturday mornings from 9:00 – Noon**.

(Could you volunteer on Saturdays from 9:00 – Noon? We could use your help.)

Youth & Faith Formation of St. Mary's**Bob Desrosiers | 518-731-9268****REGISTRATION IS WIDE OPEN**

Bob sent out registration forms in mid-June by snail mail and email by request. Also in the near future, there will be an interactive registration capability on our new homepage (more to come on that).

VOLUNTEER CATECHISTS NEEDED FOR GRADES 5, 8 & 9

We need Help! Please pray for God to speak up if this is something you are called do. This year's schedule will call for about 10-12 sessions as opposed to 20+ sessions in the past. Please contact Bob at stmaryffo@aol.com or by phone at 518-731-9268.

CHILDREN'S LITURGY OF THE WORD (CLOW):

We hope to resume this option for our pre-K and elementary school kids in September at the 11:30 AM Masses. We would love to train teenage volunteers to lead the sessions with these wonderful kids. Right now we have two teams but it works better with 4 or 5 so that each team facilitates about once a month. If there are any youth (7th grade or higher) who wishes to serve the church in this capacity, please let Bob know. The goal is to resume the program with a full complement of teams by mid-September.

Ravena							
9:30 Attendance		Livestream Views		Collection		E-Giving	
7/25	8/1	7/25	8/1	7/25	8/1	7/25	8/1
149	122	583	417	\$3,909.00	\$1,927.00	\$2,020.00	\$2,020.00

St. Patrick's Collection History	
Jun 6	\$7,778
Jun 13	\$3,632
Jun 20	\$3,995
Jun 27	\$4,912
Jul 4	\$5,152
Jul 11	\$5,110
Jul 18	\$3,185
Jul 25	\$5,929
Aug 1	\$3,947

E-GIVING WORKS BEST

Might you like to give e-giving a try, knowing how much it helps the parish and that you can change your mind at any time? If so, [Click Here](#)

Coxsackie							
4:30 Attendance		Collection		E-Giving		R & R	
7/24	7/31	7/24	7/31	7/24	7/31	7/24	7/31
101	104	\$1,293.00	\$2,226.00	\$2,970.00	\$2,970.00	\$160.00	\$120.00

St. Mary's Collection History	
Jun 5	\$5,189
Jun 12	\$6,369
Jun 19	\$4,575
Jun 26	\$6,492
Jul 3	\$4,477
Jul 10	\$6,785
Jul 17	\$6,361
Jul 24	\$4,423
Jul 31	\$5,316

WEEKEND MASSES:

4:30 PM Saturday at St. Mary's

4:30 PM on **St. Mary's YouTube channel** (also on-demand)

[Click here](#) and then please subscribe

9:30 AM Sunday at St. Patrick's

9:30 AM on **St. Patrick's YouTube channel** (also on-demand)

[Click here](#) and then please subscribe

and on **Mid-Hudson Cable channel 901** (live at 9:30 only)

• **Beginning on September 11/12, 2021** •

4:30 PM Saturday at St. Patrick's

7:30 AM Sunday at St. Mary's

9:30 AM Sunday at St. Patrick's

9:30 AM on **St. Patrick's YouTube channel** (also on-demand)

[Click here](#) and then please subscribe

and on **Mid-Hudson Cable channel 901** (live at 9:30 only)

11:30 AM Sunday at St. Mary's

11:30 AM on **St. Mary's YouTube channel** (also on-demand)

[Click here](#) and then please subscribe

FR. SCOTT'S HOMILIES AND VIDEO MESSAGES (New postings multiple times each week):

[Click here](#) and then please hit 

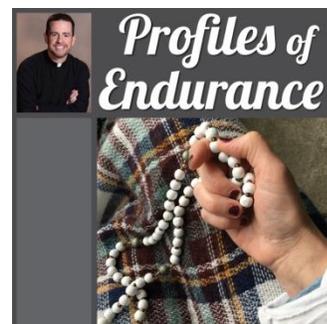
WEEKDAY MASS (On Facebook Live from Our Lady of Victory Parish, Troy)

[Click here](#) to watch live at 8:30 AM Monday – Friday or on demand later in the day

PROFILES OF ENDURANCE (Fr. Scott's Podcast)

Interviews with parishioners about facing life's challenges

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CONTACT US BY PHONE:

St. Patrick's Office: 518-756 -3145

St. Mary's Office: 518-731-8800

MY PARISH APP (Two Parishes, One App):

Text **APP** to **88202** to subscribe

INSTAGRAM (Two Parishes, One Instagram):

[stmary's.stpatrick's](#)



EUCCHARISTIC ADORATION

First Sunday of the month 6:30-7:30 PM at St. Patrick's

MORNING PRAYER (Following the LITURGY OF THE HOURS)

Friday mornings at 8:00 at St. Mary's

WOMEN'S TUESDAY BIBLE STUDY (Suspended for the Summer)

11:00 AM - 12:00 PM on Tuesdays at St. Patrick's in classroom 5 of the school

THURSDAY ADULT BIBLE STUDY

1:00 - 2:00 PM on Thursdays at St. Patrick's in classroom 5 of the school